

BG Band Camp Schedule 2017

SUNDAY, July 16th, 2017

10:15am Check-In at BGHS, Pack Instruments, Suitcase, Carry-on bag, Pillow...load buses

11:00am Depart for Camp - Bring Lunch \$ (or sack lunch) - We will stop at a fast food restaurant and rest stop(s) during the trip to KCU.

6:00pm Dinner in KCU cafeteria

Daily (Monday - Tuesday - Wednesday - Thursday - Friday)

**Group Activities, Time to relax, playing cards, board games, to cool off....will be included in the schedule (around lunch, dinner, and in the evening). Times are tentative.*

6:55am Reveille (performed by sections each day), Wake up, prep for the day

8:00am Breakfast

9:00am Full Band

9:30am Begin Sectional Rotations

12:00pm (Noon) Lunch

1:15pm Rehearsals (Inside & Outside) in rotations

5:00pm Dinner

6:30pm - Evening Rehearsals

10:00pm Check in with Chaperones on Dorm floor, Room Inspections

11:00pm Lights Out, Cell Phones OFF, Sleep!

Friday, July 21st, 2017

Pack Before Lunch, Pack Truck, Lunch at Noon in Cafeteria, Load Buses, Return to BG.

We will stop at a fast food restaurant and rest stop(s) during the return trip to BG.

8:00pm - Approximate return time to BGHS.

Reveille Schedule

Monday = Clarinets, Saxes, Horns

Tuesday = Flutes, Piccolos

Wednesday = Trumpets

Thursday = Trombones, Euphoniums, Tubas

Friday = Percussion



Early bird Runners: For those that are in training for Cross Country or other sports, you may meet as a group at 6:30am to do a *short* work out at a designated area. However, we encourage you to limit this. We are going to be getting plenty of exercise throughout the week. Stay in a group in a defined area.

Medical Information



Daily medication needs should be included in the Emergency Medical form. Medications must be in a labeled bottle with student name and dosage. Our staff would prefer to discuss/meet with parents BEFORE camp to discuss any medical needs for individual students - especially for students who are in need adult assistance or have refrigerated medications. *All food allergies need to be reported prior to camp. Please email Marla Keeran tmkeeran@woh.rr.com with medical concerns and information.

What to leave at home: ~~Tablets, Laptop computers, TV, personal DVD players~~

- These items distract from the purposes of going to band camp. Do not bring them!
- If any of these items are taken along with you, they will be confiscated and held until the conclusion of camp. At which point, they will be returned to your parent or guardian only.
- Phones are available from the directors, chaperones, or logistical coordinator if a student has an emergency/issue that arises.

Recommended Packing List for BG Band Camp 2017

- **Money** to purchase lunch on Sunday as we travel to camp. As well as dinner on our return trip to BG. (fast food restaurants) **Optional:** \$ for purchasing shirt/sweatshirt/other at bookstore.
 - Luggage: one suitcase and one "carry on". NO COOLERS
 - Comfortable clothes for the week (recommended: clothing with SPF ratings) Athletic stores, Bass Pro, Camping Stores – have clothing that is “moisture wicking” that helps pull the moisture away from your body thus keep you cool. Marching in jeans, dark, or heavy clothes of any kind is to be avoided for marching rehearsals in the summer - stick to athletic gear. Tube tops (ladies) and shirtless men are not allowed, you must always have a shirt on.
 - **Appropriate** sleepwear
 - **Hats** (to keep cool): STRONGLY ENCOURAGED
 - **Sunglasses** are also encouraged
 - **Towel** – for showering
 - TWO GOOD pairs of **tennis shoes** (for marching) [not flip flops, not sandals]
 - **Many good pairs of socks.** (medium or long length to avoid blisters on ankle)
 - **Pillow, bedding** (twin-sized sheets or a sleeping bag, you may want something to put over the mattress)
 - **Toiletries** (bath towel, washcloth, a pair of shower flip flops, shampoo, soap, bath robe etc.)
 - **Sweatshirt** (dorms are air conditioned)
 - **Rain gear**, avoid umbrellas
 - Reading material, entertainment items (ipods, personal CD players are permitted AFTER the evening rehearsal and before lights out only)
 - A small snack for your room is fine as long as they fit into your luggage and you don't make a mess.!
 - Alarm Clock
 - **Lanyard/other** for room key and pass key.
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- Sun Block SPF 15 or greater – preferably SPF 30 or higher (absolutely no tanning oils)
 - **Water bottle** (make sure your name is on it)
 - **Instrument & case** (make sure your name is on it), **Perc Harnesses/Carriers**
 - **Marching music**
 - **Flip folder & Lyre**-purchase from the BG band store (in HS band room)
 - **Reeds, Valve Oil, other musical accessories**
 - Pencils and a highlighter, some notebook paper.
 - Drawstring bag to hold materials in (Recommended) NO BACKPACKS
 - Wrist Watch (not cell phones)
 - Board Games, Cards,...(You will be responsible for these. So if you bring it, take care of it.)
 - **Positive Energy and a Ready to Go Attitude!**

ET's Top Tips for Making the Best of Band Camp!



“OUCH!” ET won't be there to cure your sunburn, blisters, eyes, dehydration or other issues. So, make sure you take care of yourself. Chaperones and staff will be there for you. Let us know if you need assistance and plan ahead in these important ways:

Sunscreen – Use often during the day. Back of neck, shoulders, and legs are critical areas to protect. Chaperones will do their best to make sure students protect their skin.

UPF Clothing – If you are particularly fair skinned, you should strongly consider getting clothing with a big UPF (ultraviolet protection factor) for additional sun burn protection.

Sunglasses – protect your eyes and look cool! *Comfortable Hats* – to keep you cool

Hydration! Hydration!! Hydration!!! Water (*avoid soft drinks/pop*) is an important part of staying comfortable. We will keep water/ice available throughout the week. **BRING YOUR OWN WATER BOTTLE WITH YOUR NAME CLEARLY WRITTEN ON IT.**

Foot Care – Every marching step starts and ends with our feet! Have shoes with good support. Make sure your shoes are broken in – but not broken down. Bring Many pairs of socks that are long enough to go above the ankle to for protection against blisters. We will keep the beat with healthy feet.



E.T. Phone Home? – This camp is an friendships, and educational growth. We enjoy the time they have together. Certainly, in the event of an emergency, we can and will make arrangements to call home. We would prefer that students enjoy their time together and have time share their camp experience when they return to BG. Advice from other directors who have taken their band to camp in recent years has been to limit phone use.

opportunity for bonding, developing would like to encourage all travelers to



In the words of ET, **“Be Good.”** Behave, be polite, be respectful, be responsible, and make good choices. You are representing yourself, your family, the Bobcat Band, Bowling Green High School, Bowling Green, and Ohio. Let's make a great first and long lasting impression to show KCU who we are.

Be “Bobcat Proud.”

BG Band Camp Rules

Our number one concern is the safety of all travelers which is the primary purpose of these rules. Since this is the first time that BG has gone away to camp, we would rather be too strict (than to lenient) at first to play it safe.

1. The Kentucky Christian University (KCU) Rules will be in effect at all times. We are guests. Be polite, respectful, and caring individuals/groups. We are the first ever outside band to attend band camp at KCU. They have offered this opportunity to us at an extremely reduced cost. Make clearly practical
2. The Bowling Green School Handbook Policies will be in effect at all times.
3. Cell Phones are only allowed after evening rehearsal and must be turned off before lights out. They are not to be used at any other time without permission from a chaperone/staff member.
4. Medical concerns should be brought to the attention of the chaperones/staff as soon as possible. We need to know if there is a concern whether it be sunburn, blisters, insect bites, twisted ankle, or other concerns.
5. Window screens are not to be tampered with. You will be charged for any damage caused to the window or the screen. Remember to close curtains/blinds when changing clothes.
6. At no time is any furniture to be moved within the dorm room OR removed from the dorm rooms.
7. Absolutely no water fights in any buildings.
8. Do not wash muddy shoes in the sinks. Take shoes outside to remove mud. (of course, the sun always shines on the bobcat band.
9. There is a \$50 charge for lost room keys/pass keys. Keep the keys on a lanyard, in your pocket or wherever you can keep them safely. **DO NOT LOSE THEM!**

- 10.No boys on girls floors and no girls on boys floors. No exceptions.
- 11.During free time, you are allowed to be in **Student Life Center** (includes ping-pong, pool table(s), couches, TV) or in the common space located outside the cafeteria, maybe in the gym, and lounge(s). If you would like to go anywhere else, you must be in a group of at least 3, with an adult, **and have permission from one of the directors.**
- 12.All meals are required. Eating healthy is important. Water, Fruits, and Vegetables are highly encouraged.
- 13.When you are done eating, you must clear your table and push in your chair.
- 14.Do not move any tables in the dining hall.
- 15.Do not take any items from the dining hall.
- 16.Drink plenty of water every day. A minimum of 2 water bottles in the morning, 2 in the afternoon, and 2 in the evening.
- 17.Wake-up call is at 7:00am. Everybody must be in their dorm for bed check at 10:00pm and lights must be out by 11:00pm.
- 18.Students are to remain in their dorm room from 10:00pm until wake-up call. If there is an emergency, you are to contact the assigned chaperone.
- 19.Keep your room tidy and the bathrooms clean.
- 20.Do not leave any trash anywhere on campus.
- 21.Be respectful of others. The Bobcat Band is a family. "Better because we care." We need to work and play together. This is a tremendous opportunity for us to form bonds/friendships/memories that will last a lifetime.
- 22.Hazing of any kind will not be tolerated.
- 23.No playing of instruments in dorms (other than reveille).
- 24.This being our first time to attend KCU/Band Camp, some changes will likely be made during the week of camp.